



# **Italian-Spanish International School of proctology and pelvic floor diseases**

14<sup>th</sup>- 17<sup>th</sup> October 2025

Sant Joan d'Alacant  
Alicante (ES)



# PRESENTATION

The Italian-Spanish International School of Proctology and Pelvic Floor Diseases is committed to enhancing the expertise required to establish a comprehensive clinical framework, interpret preoperative tests accurately, provide well-founded surgical indications, and ultimately elevate surgical standards. These objectives will be achieved under the guidance of our team of highly qualified and experienced instructors.

The educational program will emphasize hands-on live tissue sessions and high-definition video broadcasts of surgical procedures, complemented by detailed, step-by-step discussions of surgical techniques through edited and semi-edited videos. This approach aims to deconstruct critical procedural steps and present a variety of surgical options.

The course will offer an in-depth analysis of surgical indications and the management of potential complications, drawing on relevant literature to substantiate best practices.

Our program will feature a distinguished panel of Italian, Spanish, and international Key Opinion Leaders (KOLs), who will contribute through lectures and active participation in Cadaver Lab sessions. While the lectures will be based on established surgical literature, particular emphasis will be placed on the unique insights and practical experience shared by the KOLs, enriching the educational experience for all participants.

The intensive four-day course (Tuesday to Friday) will include three Cadaver Lab sessions, lectures, step-by-step analysis of surgical procedures using partially edited videos, and discussions, along with contributions from esteemed national and international guest speakers.



## TARGET AUDIENCE

This program is intended for surgeons specializing in general surgery, as well as surgical residents, who have a specific interest in the study and treatment of proctological diseases and pelvic floor disorders.

## OBJECTIVES

- Acquisition of assessment tools for a correct clinical, diagnostic, and therapeutic approach to proctological diseases of the pelvic floor.
- Analysis of diagnostic tests, discussing the indications for performing them, how to conduct them, and how to interpret the results to better guide therapeutic choices.
- Sharing surgical techniques through cadaver lab and educational video discussions to standardize techniques and ensure high-quality procedures across the field.
- Development of skills to recognize and manage complications.
- Ability to foster a multidisciplinary team approach for the development and management of shared protocols in the treatment of complex pelvic floor disorders.





# PROGRAM

**Please note:** Each session includes a 15-minute lecture followed by a 15-minute interactive discussion, allowing for in-depth scientific exchange. While the program lists only the lecture titles, dedicated time for Q&A and debate will follow every presentation

## Tuesday 14th October

### TOPICS: Pelvic Floor Prolapse, Fecal Incontinence

8.30 a.m. Welcome & Introduction

**A. Arroyo Sebastián, A. Muñoz Duyos, G. Naldini**

### PELVIC FLOOR PROLAPSE

9.00 a.m. Clinical, radiological and manometric framework  
**L. Lenisa**

9.30 a.m. Multicompartmental pelvic floor prolapse:  
gynecologic point of view  
**M. Sanchez-Ferrer**

10.00 a.m. Ventral rectopexy and its variant  
**G. Meurette**

10.30 a.m. Dubuisson Lateral Suspension  
**G. Naldini**

11.00 a.m. Perianal approaches in rectal prolapse  
**L. Lenisa**

11.30 a.m. Indications and results prolapse:  
International Guidelines  
**M. Ortega**

12.00 a.m. Rectocele Surgical treatment  
**M. Ortega**

12.30 a.m. Round Table: **Pelvic Floor Prolapse**  
Clinical cases: **L. Lenisa**  
Provoker: **G. Meurette**  
Panelists: all attendees

1.15 a.m. Light Lunch



# PROGRAM

## FECAL INCONTINENCE

- 2.30 p.m. Clinical, ultrasonographic and manometric framework  
**M.J. Alcaide**
- 3.00 p.m. Video forum with interactive discussion: Sphincters and pelvic floor repair, SNS, Gate and Sphinkeeper, Posterior colporrhaply, Delorme and Altemeier  
**M. Ortega, A. Muñoz Duyos**
- 3.30 p.m. Levator Ani Repair  
**G. Meurette**
- 4.00 p.m. Round Table: **Fecal incontinence**  
Presentation of clinical cases: **M. Serrano**  
Provoker: **G. Naldini**
- 4.45 p.m. Algorithm proposal  
**A. Muñoz Duyos**
- 5.00 p.m. End of the day

## Wednesday 15<sup>th</sup> October:

### TOPICS: Laparoscopic Pelvic Floor Prolapse Repair hands on

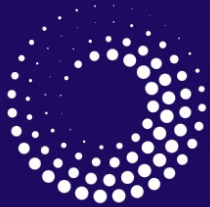
- 8.30 a.m. Introduction to Cadaver Lab  
**A. Arroyo Sebastián, A. Muñoz Duyos, G. Naldini**
- Videos abdominal procedures:  
What surgeries are you going to reproduce in cadaver?  
**G. Naldini, F. Da Pozzo, M. Sanchez-Ferrer**
- From 9 a.m.  
to 1.30 p.m. Hands on live tissue  
**Cadaver Lab: abdominal procedures  
(Laparoscopic Ventral Mesh Rectopexy,  
colposacropexy, Dubuisson Lateral Suspension)**
- Tutors: **A. Arroyo Sebastián, A. Muñoz Duyos, G. Naldini,  
F. Da Pozzo, L. Lenisa, V. Vigorita, M. Ortega,  
M.J. Alcaide, M. Serrano, M. Sánchez-Ferrer,  
G. Meurette**
- 1.45 p.m. *Light Lunch*



# PROGRAM

## HEMORRHOIDS

- 2.30 p.m. Practical concepts and conservative treatment  
**V. Vigorita**
- 3.00 p.m. Video forum with interactive discussion. Treatment procedures (tips and tricks): Banding, Sclerosis, Milligan Morgan, THD Anolift, LHP, Urgent hemorrhoidectomy, Stapler procedure  
**G. Naldini, F. Da Pozzo**
- 3.30 p.m. Indications and results: International Guidelines  
**L. Lenisa**
- 3.45 p.m. Round Table: **Hemorrhoids**  
Presentation of clinical cases: **M. Serrano**  
Provoker: **G. Meurette**  
Panelists: all attendees
- 4.30 p.m. *Coffee Break*
- ## ANAL FISTULA
- 4.45 p.m. Anatomical classification, and Endoanal Ultrasound setting and concepts  
**G. Naldini**
- 5.15 p.m. Intermediate surgery: tips and tricks, types of seton... Seton yes or not  
**V. Vigorita**
- 5.45 p.m. VAAFT and EPSIT: learning from the inventor  
**P. Meinero**
- 6.15 p.m. Video forum: Surgical procedures with interactive discussion: FLAP, LIFT, MSC, Laser  
**A. Muñoz Duyos, G. Naldini**
- 6.45 p.m. End of the day



# PROGRAM

## Thursday 16<sup>th</sup> October

### TOPICS: Transperineal and transanal surgical techniques

8.30 a.m. Videos perineal procedures: What surgeries are you going to reproduce in cadaver?

**M.J. Alcaide, A. Muñoz Duyos, J. García Armengol**

From 9 a.m.

To 1.30 p.m. Hands on live tissue

**Cadaver Lab: Proctologic procedures, fecal incontinence, transperineal and transanal surgical techniques**

Tutors: **A. Arroyo Sebastián, Muñoz Duyos, G.Naldini, F. Da Pozzo, L. Lenisa, V. Vigorita, M.Ortega, M.J. Alcaide, M. Serrano, G. Meurette, P. Meinero, J. Vicente Roig**

1.30 p.m. *Light Lunch*

### PILONIDAL SINUS

2.30 p.m. General concepts and surgical technique election  
**J. Vicente Roig**

3.00 a.m. Video Forum with interactive discussion  
Pilonidal sinus: surgical techniques (including relapses)  
**M. Serrano, P. Meinero**

### ANAL FISSURE

3.30 p.m. Conservative treatment: medical treatment when and why  
**A. Arroyo Sebastián**

4.00 p.m. Video forum with interactive discussion.  
Treatment procedures: Botulinum Toxin Injection, Lateral Internal Sphincterotomy, Progressive anal dilatation, Flap  
**A. Muñoz Duyos, J. Vicente Roig**

4.30 p.m. Round Table: **Fissure**  
Presentation of clinical cases: **M.J. Alcaide**  
Provoker: **A. Arroyo Sebastián**  
Panelists: all attendees

5.00 p.m. End of the day



# PROGRAM

## Friday 17<sup>th</sup> October

### TOPIC: Posterior approaches cadaver

8.30 a.m. Videos posterior perineal procedures:  
What surgeries are you going to reproduce in cadaver?

**A. Muñoz Duyos**

From 9 a.m.

To 11.30 a.m. Hands on live tissue

**Cadaver Lab: sacrococcygeal procedures, SNS, Kraske approach for retrorectal tumors and Flaps for pilonidal diseases**

Tutors: **A. Arroyo Sebastián, A. Muñoz Duyos, G. Naldini, V. Vigorita, M. Ortega, M.J. Alcaide, M. Serrano,**

12.30 p.m. Closing and Remarks  
Awarding of Participation Diplomas





# FACULTY

## SCHOOL DIRECTORS:

**Antonio Arroyo Sebastián: (E)** Head of General Surgery and Digestive Surgery Service. Hospital General Universitario Elche. Full-Professor of Surgery. Director of the Surgery Area. Department of Pathology and Surgery. UMH School of Medicine (San Juan Alicante) - Alicante

**Arantxa Muñoz Duyos: (E)** Senior Consultant Colorectal Surgeon, Specialist in Advanced Proctology and Pelvic Floor Surgery - Hospital Universitari Moissès Broggi - Barcelona

**Gabriele Naldini: (I)** Senior Consultant U.O. di Chirurgia del Colon e del Retto IRCCS Istituto Clinico Humanitas – Research Hospital - Rozzano (MI)  
Casa di Cura San Rossore (Pisa)  
Director of Proctology and Pelvic Floor School of Italian Surgery Society

## FACULTY:

**Maria Jose Alcaide: (E)** Proctology and Pelvic Floor Unit Coordinator Elche University General Hospital. Associate Professor. Department of Pathology and Surgery UMH School of Medicine (San Juan Alicante) – Alicante

**Juan García Armengol: (E)** Co-director of the European Centre for Colorectal Surgery, Coloproctology Unit of the Vithas 9 de Octubre Hospital – Valencia

**Francesca Da Pozzo: (I)** Specialist in Pelvic Floor Surgery - Policlinico Abano Terme (PD) and Ospedale Villa maria Rimini (RN)

**Leonardo Lenisa: (I)** Pelvic Floor Center Coordinator - Unità Operativa di Chirurgia Generale – Humanisa San Pio X – Milano

**Piercarlo Meinero: (I)** Specialist in Emergency Surgery, Colorectal Surgery – Casa di Cura Villa Montallegro – Genova

**Meurette Guillaume: (CH)** Consultant Surgeon at the Geneva University Hospitals - Associate Professor in the Department of Surgery of the Faculty of Medicine of UNIGE - Geneva

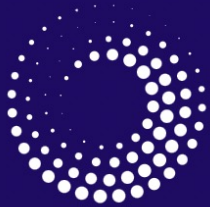
**Mario Ortega: (E)** Colorectal Surgeon. Fundación Jiménez Díaz - Madrid

**José Vicente Roig: (E)** Co-director of the European Centre for Colorectal Surgery. Coloproctology Unit of the Vithas 9 de Octubre Hospital – Valencia

**Marisa Sanchez Ferrer: (E)** Obstetrics and gynecology Service, Virgen de la Arrixaca University Clinical Hospital, Murcia, Professor of Gynecology, University of Murcia - Murcia

**Monica Serrano: (E)** Proctology and Pelvic Floor Unit. Elche University General Hospital. Collaborating Professor. Department of Pathology and Surgery. UMH School of Medicine (San Juan Alicante) – Alicante

**Vincenzo Vigoritta: (E)** Colorectal surgeon. Complejo Hospitalario Universitario de Vigo – Pontevedra



INFO

## GENERAL INFORMATION

**DATE:** 14<sup>th</sup>- 17<sup>th</sup> October 2025

OFFICIAL LANGUAGE: English

PARTECIPANTS: 21 persons maximum

## REGISTRATION FEE

The complete training cost is **Euros 1800+VAT**

The registration fee includes:

Didactic activities (as program);

3 days of Cadaver Lab activities

4 Light Lunches

1 social dinners

Final Diploma

## PROCEDURE

The application form, must be submitted via email to the Organizing Secretariat ([info@askservice.it](mailto:info@askservice.it)) within 20 days of the registration deadline. Please note that registration will be finalized upon receipt of payment. Selection will be based on the application submission date.

## SCHOOL VENUE

Facultad de Medicina de la UMH

Edificio Severo Ochoa - 2<sup>a</sup> floor

Servicio de Innovación Anatómica, en el Campus de San Juan.

Sant Joan d'Alacant - Alicante (ES)

[http://www.umh.es/localizacion/eGIS\\_BASE%3AS11/geoUMH\\_es.html](http://www.umh.es/localizacion/eGIS_BASE%3AS11/geoUMH_es.html)

## ORGANIZING SECRETARIAT



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Endorsed by



**AECP**  
ASOCIACIÓN ESPAÑOLA DE  
COLOPROCTOLOGÍA



**UNIVERSITAS**  
Miguel Hernández

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